

## Website usage terms and conditions

Welcome to our website. If you continue to browse and use this website, you are agreeing to comply with and be bound by the following terms and conditions of use, which together with our privacy policy govern Lemon Zest Life's relationship with you in relation to this website. If you disagree with any part of these terms and conditions, please do not use our website.

The term 'Lemon Zest Life' or 'us' or 'we' refers to the owner of the website whose registered office is 130, Hough Side, Rd, Pudsey, Leeds, LS28 9JJ, UK. The term 'you' refers to the user or viewer of our website.

The use of this website is subject to the following terms of use:

- The content of the pages of this website is for your general information and use only. It is subject to change without notice.
- This website uses cookies to monitor browsing preferences.
- Neither we nor any third parties provide any warranty or guarantee as to the accuracy, timeliness, performance, completeness or suitability of the information and materials found or offered on this website for any particular purpose. You acknowledge that such information and materials may contain inaccuracies or errors and we expressly exclude liability for any such inaccuracies or errors to the fullest extent permitted by law.
- Your use of any information or materials on this website is entirely at your own risk, for which we shall not be liable. It shall be your own responsibility to ensure that any products, services or information available through this website meet your specific requirements.
- This website contains material which is owned by or licensed to us. This material includes, but is not limited to, the design, layout, look, appearance and graphics. Reproduction is prohibited other than in accordance with the copyright notice, which forms part of these terms and conditions.
- All trademarks reproduced in this website, which are not the property of, or licensed to the operator, are acknowledged on the website.
- Unauthorised use of this website may give rise to a claim for damages and/or be a criminal offence.
- From time to time, this website may also include links to other websites. These links are provided for your convenience to provide further information. They do not signify that we endorse the website(s). We have no responsibility for the content of the linked website(s).
- Your use of this website and any dispute arising out of such use of the website is subject to the laws of England, Northern Ireland, Scotland and Wales.

Please read our affiliate disclaimer below. For further information, please take a look at the terms of service of this website. This affiliate disclosure discusses details of affiliate relationships that lemozestlife.co.uk has with other companies and products.

### Affiliates

Please assume that every single link on [www.lemonzestlife.co.uk](http://www.lemonzestlife.co.uk) is an affiliate link, and that if you click on it and buy something, I'll possibly make a small commission from it, **at no additional cost to you**.

Please note that I only recommend items that I have personally used, tried out, or can truly recommend.

This website, [www.lemonzestlife.co.uk](http://www.lemonzestlife.co.uk) is committed towards being able to take you deeper into yoga and how to live a more fulfilling and relaxed life, and earning a commission allows me to keep generating quality content for everyone.

[www.lemonzestlife.co.uk](http://www.lemonzestlife.co.uk) makes no representations, warranties, or assurances as to the accuracy, currency or completeness of the content contain on this website or any sites linked to or from this site.

Any reliance you place on such information is therefore strictly at your own risk.

In no event will I be liable for any loss, damage, including without limitation, indirect or consequential loss or damage whatsoever in connection with this website.

#### Amazon

[www.lemonzestlife.co.uk](http://www.lemonzestlife.co.uk) is also a participant in the Amazon Services Associates Program, an affiliate advertising programme designed to provide a means for sites to earn advertising fees by advertising and linking to Amazon.co.uk

#### Contact

If you have any questions regarding this affiliate disclaimer, or your dealings with this website, please contact me here:

130, Hough Side Rd, Pudsey, Leeds, LS28 9JJ, UK

For further clarification, you can also email

[emechitham@hotmail.com](mailto:emechitham@hotmail.com)

#### Privacy Policy

Lemon Zest Life [www.lemonzestlife.co.uk](http://www.lemonzestlife.co.uk) 'we', 'us', 'company', 'website' and/or 'our') is committed to protecting your privacy.

This Privacy Policy governs the manner in which the website collects, uses, maintains and discloses information collected from users (each, a 'User') of the website ('Site', 'Service'). This privacy policy applies to the Site and all products and services offered by the company.

We may collect personal identification information from Users in a variety of ways, including, but not limited to, when Users visit our site, register on the site, subscribe to the newsletter, and in connection with other activities, services, features or resources we make available on our Site. Users may be asked for, as appropriate, email address. Users may, however, visit our Site anonymously. We will collect personal identification information from Users only if they voluntarily submit such information to us. Users can always refuse to supply personally identification information, except that it may prevent them from engaging in certain Site related activities.

#### CONTACTING US

For the purpose of the Data Protection Act 1998, the data controller in respect of any personal data that you submit to us is Lemon Zest Life

If you want to know what information we hold about you or if you have any other queries in relation to this privacy policy, please contact us using the following contact information:

Lemon Zest Life, 130 Hough Side Rd, Pudsey, Leeds, LS289JJ

For any further clarifications and questions, you can also directly contact us via email at [emechitham@hotmail.com](mailto:emechitham@hotmail.com)

## **WHAT INFORMATION DO WE COLLECT?**

We will collect information that you provide to us when you purchase any of our products and/or register to use our services/site (such information shall include, but may not be limited to, your name, age, debit/credit card information, telephone number, postal address and email address).

Any letters, e-mails, blog comments, responses on Social Media platforms such as Facebook, Pinterest, Instagram, Youtube, and Twitter, or questions written directly to us may be used as blog material for our audience unless specifically requested otherwise. (Part of) these letters or emails, questions or any other feedback may be used in newsletters, blog posts, columns or up-and-coming books.

About your usage of the service/site; that you provide to us in e-mails or letters that you send to us.

And about transactions, you carry out through the service, orders you place and the fulfilment of your orders.

It is possible to view the Lemon Zest Life website without providing any personal details. However, without giving consent you shall not continue to view our website.

We may also receive some information that you submit to any third party website or application that you access through the Service. Both Lemon Zest Life and the owner or operator of that third party website will be the data controller in respect of any such information and you should check the privacy policy of that website to find out how they will use your personal information.

We will only use any information that we collect from you in accordance with this Privacy Policy.

## **COOKIES & 3rd PARTY ADVERTISEMENTS**

This Site is affiliated with CMI Marketing, Inc., d/b/a CafeMedia ("CafeMedia") for the purposes of placing advertising on the Site, and CafeMedia will collect and use certain data for advertising purposes. To learn more about CafeMedia's data usage, click here: [www.cafemedia.com/publisher-advertising-privacy-policy](http://www.cafemedia.com/publisher-advertising-privacy-policy)

We publish interest-based advertisements on the Site; that is, ads that are tailored to reflect your interests. To help understand your interests, AdThrive, Google and our other advertising partners will track your behaviour on our website and on other websites across the Internet using cookies.

A cookie is a file containing an identifier (a string of letters and numbers) that is sent by a web server to a web browser and is stored by the browser. The identifier is then sent back to the server each time the browser requests a page from the server. Cookies may be either "persistent" cookies or "session" cookies: a persistent cookie will be stored by a web browser and will remain valid until its set expiry date, unless deleted by the user before the expiry date; a session cookie, on the other

hand, will expire at the end of the user session, when the web browser is closed. Cookies do not typically contain any information that personally identifies a user, but personal information that we store about you may be linked to the information stored in and obtained from cookies.

By using this Site, you consent to the use of such cookies and the sharing of data captured by such cookies with AdThrive, Google, and our other third party partners. You can view, delete or add interest categories associated with your browser by visiting: <https://adssettings.google.com>. You can also opt out of the network cookie using those settings or using the Network Advertising Initiative's multi-cookie opt-out mechanism at: <http://optout.networkadvertising.org>. However, these opt-out mechanisms themselves use cookies, and if you clear the cookies from your browser your opt-out will not be maintained.

### **For European Economic Area Residents**

If you reside in a country in the European Economic Area (EEA), then under the GDPR and applicable data protection laws you have the rights, among other things, to access your personal data, have us erase it, and/or restrict its further processing. If you wish to access or delete your personal data (if any) maintained by us or AdThrive related to advertising on the Site, you can contact us at [emechitham@hotmail.com](mailto:emechitham@hotmail.com) and contact AdThrive at [info@adthrive.com](mailto:info@adthrive.com). If you wish to see a list of the advertising partners we work with or change which of those partners track your behaviour using cookies, click the ad preferences link at the bottom of the site. (Available in the EU.)

### **For California Residents**

California law gives residents the right to opt out of the "sale" of their personal information to third parties, including for advertising purposes. Under California law, the sharing of your information with a service provider for advertising purposes could be considered a "sale." To opt out of the sharing of your information for advertising information, click the opt out link provided in the footer of this page. You also have the right to request from us the categories of personal information that we have shared and the categories of third parties to whom the information was provided. To make such a request, please contact us at [info@adthrive.com](mailto:info@adthrive.com). To be clear we do not share your name, contact information, or any other sensitive information with third parties, and the categories of third parties that we share information with for advertising purposes are supply side platforms, programmatic advertising exchanges, and demand side platforms.

### **HOW DO WE USE THE INFORMATION THAT YOU PROVIDE TO US?**

We may use your information in the following ways:

- to ensure that our Service is delivered in the most effective manner for you and your computer;
- to provide you with information, products or services that you request from us or which we feel may interest you, where you have consented to be contacted for such purposes;
- to carry out our obligations arising from any contracts entered into between you and us;
- to provide customer service to you in relation to your use of the Service, to deal with enquiries and complaints relating to the use of the Service and to notify you about any changes to our service;
- to administer, support, improve, optimise and develop our Service;
- to produce reports which may be used, sold or published by us at our sole discretion provided that any data or reports will be anonymised and not refer to any individual user of the Services;

- for internal marketing and demographic studies to improve the products and services that we provide; and for security purposes.

We may also use your information to provide you with our email notifications, newsletters and other marketing communications that either you request from us or which you consent to by opting in when completing a registration form on the Service.

You may opt out from receiving such marketing communications from us at any time by notifying us in writing, contacting me at [emechitham@hotmail.com](mailto:emechitham@hotmail.com) or, alternatively, by following the procedure to 'unsubscribe' that is specified in the email that you receive.

## **DISCLOSURE OF YOUR INFORMATION**

Other than as expressly set out in this Privacy Policy or as otherwise required or permitted by law, we will not share, sell or distribute any of the information you provide to us without your consent.

You should note that information posted on the public elements of the Service may be visible by users of the Service throughout the world. You should therefore be careful when submitting information about yourself to the Service.

We may disclose your personal information: (i) to any third party to whom disclosure is necessary to enable us to fulfil your orders and provide you with any service to which you have subscribed via the Service; (ii) where required to do so by law or court order; and (iii) to any person to whom disclosure is necessary to enable us to enforce our rights under this Privacy Policy or under our Terms and Conditions.

We may disclose your personal information to Facebook Inc in order to fulfill the Services. You can review Facebook's Terms of Service [here](#).

## **THIRD PARTY SITES**

The Service may contain links to websites or access to applications that are operated by third parties. We do not control and accept no liability or responsibility for those websites and this Privacy Policy does not apply to those websites. Please consult the terms and conditions and privacy policy of those third party websites to find out how they collect and use your personal data and to establish whether they use cookies and what they may use them for.

Advertisements contained on our Service operate as links to the advertiser's website and as such any information they collect by virtue of your clicking on that link will be collected and used by the relevant advertiser in accordance with the privacy policy of that advertiser.

## **AMAZON**

**Lemon Zest Life** is also a participant in the Amazon Services LLC Associates Program, an affiliate advertising program designed to provide a means for sites to earn advertising fees by advertising and linking to Amazon.com.

## **HOW DO WE PROTECT YOUR INFORMATION?**

In common with a number of other websites, the data that we collect from you may be transferred to a cloud service provider which has data servers which are based outside the European Economic Area

("EEA"). By submitting your personal data, you agree to this transfer and the storing and/or processing of your personal data on these servers. We will take all these steps in the Privacy Policy.

Appropriate security measures will be adopted to protect your information from access by unauthorised persons and against unlawful processing, accidental loss, destruction and damage. However, you acknowledge that data transmission over the internet is inherently unsecure and that we cannot guarantee the security of data you send over the internet.

Your information will only be held for a reasonable period or as long as the law requires or permits.

### **ACCESSING YOUR INFORMATION**

You may at any time request access to and/or, if incorrect, rectification of your personal data by contacting us at the address set out in this Privacy Policy or by e-mailing [emechitham@hotmail.com](mailto:emechitham@hotmail.com)

We reserve the right to ask you for proof of your identity and to charge you a fee of twenty US dollars (\$20) to meet our costs in granting any data access request you make.

### **ADVERTISERS & SPONSORS DISCLOSURE**

Lemon Zest Life is open to forms of cash advertising, sponsorship, and other forms of compensation and/or projects. Despite this, Lemon Zest Life will never recommend and write about products or brands that we don't personally use or believe in. We will always disclose whether we are receiving any commissions or products for free, or if a trip was sponsored or not.

We are not responsible for the actions of our advertisers or sponsors. If you purchase a product or service based upon a link from this website, you must take action with that company to resolve any issues and NOT with this website. Any product, claim, statistic, quote or other representation about a product or service should be verified with the manufacturer, provider or party in question.

Certain links on the website are affiliate or referral links. At no additional cost to you, we will earn a small percentage of the sale if you make a purchase through our affiliate link.

### **CHANGES TO OUR PRIVACY POLICY**

The website has the discretion to update this privacy policy at any time. When we do, we will revise the updated date at the bottom of this page.

We encourage users to frequently check this page for any changes to stay informed about how we are helping to protect the personal information we collect. You acknowledge and agree that it is your responsibility to review this privacy policy periodically and become aware of modifications.

### **YOUR ACCEPTANCE OF THESE TERMS**

By using this Site, you signify your acceptance of this policy.

If you do not agree to this policy, please do not use our Site.

Your continued use of the Site following the posting of changes to this policy will be deemed your acceptance of those changes.

Last Updated: November 2020